



BREAKFAST

OCTOBER 2026

Monroe City Schools

*** All menus are subject to change without any notice. ***

Monday

Tuesday

Wednesday

Thursday

Friday

Sliced Cheese Toast [2oz] **5**
Scrambled Eggs [2oz]
Canned Sliced Peaches [1/2c]
Fruit Juice
Milk Choice

WG Waffle [2oz] **6**
Sausage Link [2oz]
Fresh Cantaloupe [1/2c]
Fruit Juice
Milk Choice

WG Honeybun [2oz] **7**
Yogurt [2oz]
Fresh Strawberries [1/2c]
Fruit Juice
Milk Choice

Waffles [2oz] **1**
Sausage Link [2oz]
Grapes [1/2c]
Scrambled Eggs
Syrup
Fruit Juice
Milk Choice

Choice of Cereal [2oz] **2**
Apple Slices [1/2c]
Toast w/ Jelly
Fruit Juice
Milk Choice

Breakfast Pizza [2oz] **8**
Fresh Blueberries [1/2c]
Fruit Juice
Milk Choice

End of 1st 9 Weeks **9**
Virtual Student Learning

Fall Break – No School **12**

Fall Break – No School **13**

Fall Break – No School **14**

Fall Break – No School **15**

Fall Break – No School **16**

Muffin [2oz] **19**
Sausage Link [2oz]
Canned Mixed Fruit [1/2c]
Fruit Juice
Milk Choice

Chicken Patty [2oz] **20**
Biscuit [2oz]
Plums [1/2c]
Jelly
Fruit Juice
Milk Choice

WG Pancakes [2oz] **21**
Smoked Sausage Link [2oz]
Oranges [1/2c]
Syrup
Fruit Juice
Milk Choice

Sliced Ham [2oz] **22**
Oatmeal [2oz]
Green Grapes [1/2c]
Toast w/ Jelly [2oz]
Fruit Juice
Milk Choice

Professional Development **23**
Day
No Students

Breakfast Bar [2oz] **26**
Toast [2oz]
Jelly
Canned Tropical Fruit [1/2c]
Fruit Juice
Milk Choice

WG Cinnamon Rolls [2oz] **27**
Sausage Patty [2oz]
Fresh Honeydew Melon [1/2c]
Fruit Juice
Milk Choice

Egg and Cheese **28**
Breakfast Burrito [3oz]
Tangerine [1/2c]
Fruit Juice
Milk Choice

Grits [2oz] **29**
Sausage Link [2oz]
Biscuit w/ Jelly [2oz]
Strawberry Cups [1/2c]
Fruit Juice
Milk Choice

Sliced Turkey [2oz] **30**
Cheese Toast [2oz]
Pear Halves [1/2c]
Fruit Juice
Milk Choice

K-12 Daily Requirements:

Grain: (2oz)

Fruit: (1/2c of fruit) and (4oz of Fruit Juice) OR (1c of fruit)

Milk: (8oz) of Milk Choice

This institution is an equal opportunity provider.